Chan Sui Ki (La Salle) College
Extra-curricular Activities
2026-2027

We believe that extra-curricular activities (ECA) play a crucial role in assisting students' whole-person development. By encouraging participation, we wish to broaden student's horizons, enhance their multiple intelligences, nurture their personal values and self-confidence as well as sharpen their interpersonal skills. Therefore, the ECA Section sets different requirements for students of different forms.

All students are members of the Student Association. Besides this, we offer 11 school teams, 2 uniform groups, 6 Instrumental Classes and 24 clubs and societies for students to choose from according to their own interests.

Structure and requirements
The structure of our ECA is shown in the tables below. Students should meet the requirements of the ECA Section by following the guidelines on page 3.

A) Teams, Groups and Classes (校隊、制服團隊、樂器班)	
A1) School Teams (校隊)	
1. Athletics (田徑)	2. Cross Country (長跑)
3. Badminton* (羽毛球)	4. Basketball* (籃球)
5. Football* (足球)	6. Swimming* (游泳)
7. Table Tennis* (乒乓球)	8. Taekwondo* (跆拳道)
9. Choir* (合唱團)	10. Singing Ensemble* (歌唱小組)
11. Instrumental Ensemble* (樂器合奏小組)	
*For *school teams 3 – 11, members are selected by teachers.*	
A2) Uniform Groups (制服團隊)	
1. Red Cross (紅十字會)	2. Scout (童軍)
A3) Instrumental Classes (樂器班)	
1. Violin (小提琴)	2. Flute (長笛)
3. Clarinet (單黃管)	4. Saxophone (色士風)
5. Guitar (結他)	6. Cello (大提琴)

B) Clubs and Societies (學會)	
B1) Academic Groups(學術組) (Without recruitment) (不招會員)	
1. Chinese History Society (中史學會)	2. Chinese Language Society (中文學會)
3. C&SD Society (公民與社會發展學會)	4. English Language Society (英文學會)
B1) Academic Groups(學術組) (With recruitment) (招會員)	
5. BAFS Society (企會財學會)	6. Economics Society (經濟學會)
7. Geography Society (地理學會)	8. Putonghua Society (普通話學會)
9. STEAM Society	
B2) Religious and Service Groups (宗教及服務組) (With recruitment) (招會員)	
1. Catholic Society (天主教同學會)	2. Community Youth Club (公益少年團)
3. Voluntary Services Group (義工服務組)	
B3) Art Groups (藝術組) (With recruitment) (招會員)	
1. Drama Club (戲劇學會)	2. Music Club (音樂學會)
3. Visual Arts Club (視覺藝術學會)	
B4) Interest Groups (興趣組) (With recruitment) (招會員)	
1. Aerospace Society (航天學會)	2. Chess Club (棋藝學會)
3. Ecology Club (生態學會)	4. Home Economics Club (廚藝學會)
5. Japanese Culture Studies Club (日本文化研究學會)	6. Model and Craft Club (模型及手作學會)
7. Multimedia Production Club (多媒體製作學會)	8. Percussion Club (敲擊學會)
9. Volleyball Club (排球學會)	

Guidelines on participating in ECA

A) Participation

Secondary 1

1. Students should choose

- **at least one but no more than two** items under A1) School Teams (teams 1-11), A2) Uniform Groups and A3) Instrumental Classes; and
- **no more than one** item under B4) Interest Groups; and
- **at least one but no more than two** items under B1) Academic Groups, B2) Religious and Service Groups and B3) Art Groups; but
- **at most no more than three** items under A1) School Teams (teams 1-1), A2) Uniform Groups and A3) Instrumental Classes, B1) Academic Groups, B2) Religious and Service Groups, B3) Art Groups and B4) Interest Groups

<table>
<tr><th colspan="3">S1</th></tr>
<tr><td>A1) School Teams</td><td rowspan="3">1-2</td><td rowspan="7">At most 3</td></tr>
<tr><td>A2) Uniform Groups</td></tr>
<tr><td>A3) Instrumental Classes</td></tr>
<tr><td>B1) Academic Groups</td><td rowspan="3">1-2</td></tr>
<tr><td>B2) Religious and Service Groups</td></tr>
<tr><td>B3) Art Groups</td></tr>
<tr><td>B4) Interest Groups</td><td>0-1</td></tr>
</table>

Secondary 2 to Secondary 5

1. Students may participate in
    - A1) School Teams (members are selected by teachers)
    - A2) Uniform Groups and A3) Instrumental Classes

2. Students should choose
    - **at least one but no more than two** items under B1) Academic Groups, B2) Religious and Service Groups, B3) Art Groups and B4) Interest Groups,
    - **no more than one** item under B4) Interest Groups

<table>
<tr><th colspan="3">S2-S5</th></tr>
<tr><td>A1) School Teams</td><td colspan="2">team members are selected by teachers</td></tr>
<tr><td>A2) Uniform Groups</td><td colspan="2" rowspan="2">self-enrolment</td></tr>
<tr><td>A3) Instrumental Classes</td></tr>
<tr><td>B1) Academic Groups</td><td rowspan="3">1-2</td><td rowspan="4">At most 2</td></tr>
<tr><td>B2) Religious and Service Groups</td></tr>
<tr><td>B3) Art Groups</td></tr>
<tr><td>B4) Interest Groups</td><td>0-1</td></tr>
</table>

Secondary 6

1. Students may participate in
   - A1) School Teams (members are selected by teachers)
   - A2) Uniform Groups and A3) Instrumental Classes

2. Students should
   - **<u>choose no more than one</u>** item under B1) Academic Groups, B2) Religious and Service Groups and B3) Art Groups
   - **<u>not choose any</u>** item under B4) Interest Groups

<table>
<tr><th colspan="3">S6</th></tr>
<tr><td>A1) School Teams</td><td colspan="2">team members are selected by teachers</td></tr>
<tr><td>A2) Uniform Groups</td><td colspan="2" rowspan="2">self-enrolment</td></tr>
<tr><td>A3) Instrumental Classes</td></tr>
<tr><td>B1) Academic Groups,</td><td rowspan="3">0-1</td><td rowspan="3">At most 1</td></tr>
<tr><td>B2) Religious and Service Groups</td></tr>
<tr><td>B3) Art Groups</td></tr>
<tr><td>B4) Interest Groups</td><td>N/A</td></tr>
</table>

B) Requirements for membership to be shown in report card for S1-S5 students

To be decided by individual teachers-in-charge

A1) School Teams, A2) Uniform Groups and A3) Instrumental Classes

Requirements for clubs and societies, committee members and general members

<table>
<tr><th></th><th colspan="2">Requirements for Clubs and Societies</th></tr>
<tr><td>Clubs and Societies</td><td>B1) Academic Groups
B2) Religious & Services Groups
B3) Art Groups</td><td>B4) Interest Groups</td></tr>
<tr><td>Number of meetings</td><td>- at least 4 committee meetings
- at least 2 general meetings</td><td>- at least 4 committee meetings
- at least 2 general meetings</td></tr>
<tr><td>Number of activities</td><td>- at least 3 face-to-face activities throughout the whole school year, with at least 1 activity in the first term
- at least 1 post-exam activity other than the three activities above</td><td>- subject to the arrangements of individual interest groups
- at least 1 post-exam activity</td></tr>
<tr><td>Publicity</td><td colspan="2">- Within 2 weeks after an activity/ competition is organised, prepare the following to be published on the school website:
(a) a short description of the activity/ competition
(b) at least 6 photos taken in the activity/ competition</td></tr>
</table>

	Requirements for	
	Committee Members	**General Members**
B1) Academic Groups (Without recruitment) (不招會員)	- Attend at least three committee meeting - Participate in at least two activities - Submit a mid-year club report and annual club report by the respective deadlines	N/A
B1) Academic Groups (With recruitment) (招會員)	- Attend at least three committee meeting - Attend at least one general meeting - Participate in at least two activities - Submit a mid-year club report and annual club report by the respective deadlines	- Take part in at least two activities
B2) Religious & Services Groups B3) Art Groups	- Attend at least three committee meeting - Attend at least one general meeting - Participate in at least two activities - Submit a mid-year club report and annual club report by the respective deadlines	- Take part in at least two activities
B4) Interest Groups	- Attend at least three committee meeting - Attend at least one general meeting - Take part in at least 60% of all sessions - Submit a mid-year club report and annual club report by the respective deadlines	- Take part in at least 60% of all sessions

C) Membership fee (regardless of committee members or general members)
$50
B1) Academic Groups B2) Religious & Services Groups B3) Art Groups

$500
B4) Interest Groups